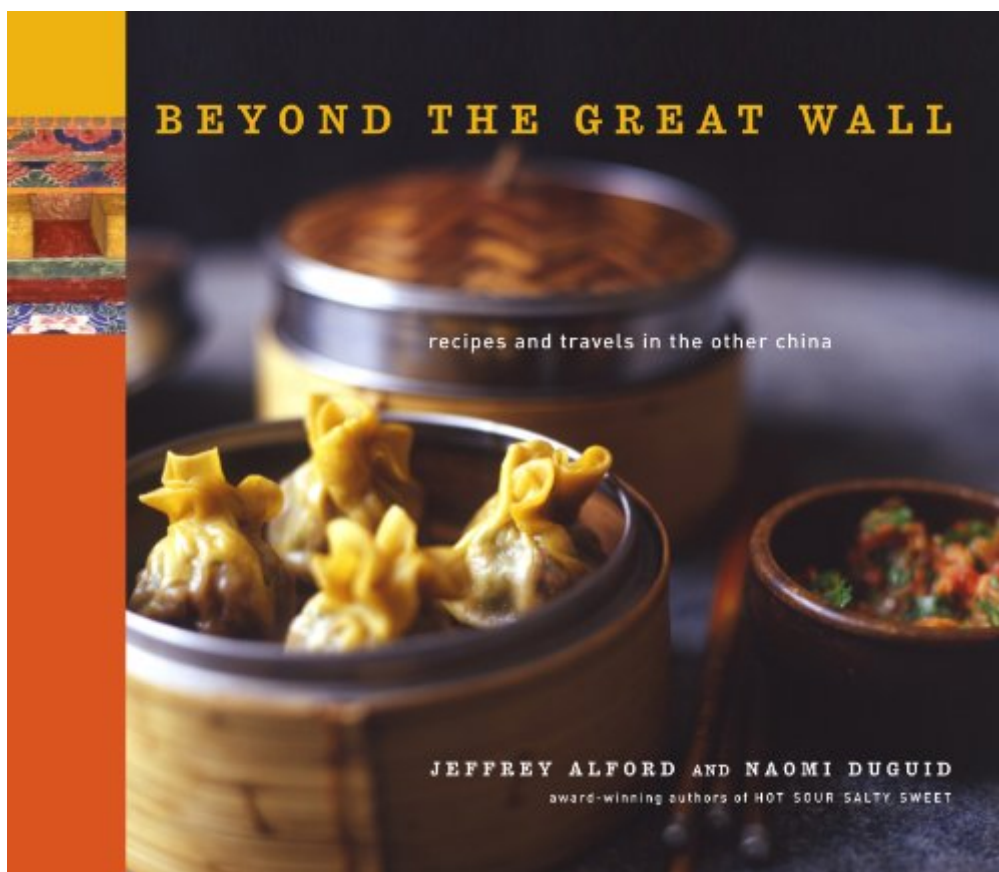


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# Beyond The Great Wall: Recipes And Travels In The Other China



## Synopsis

WINNER OF THE 2009 JAMES BEARD FOUNDATION INTERNATIONAL COOKBOOK

AWARDWINNER OF THE 2009 IACP BEST INTERNATIONAL COOKBOOK AWARDS A bold and eye-opening new cookbook with magnificent photos and unforgettable stories. In the West, when we think about food in China, what usually comes to mind are the signature dishes of Beijing, Hong Kong, Shanghai. But beyond the urbanized eastern third of China lie the high open spaces and sacred places of Tibet, the Silk Road oases of Xinjiang, the steppelands of Inner Mongolia, and the steeply terraced hills of Yunnan and Guizhou. The peoples who live in these regions are culturally distinct, with their own history and their own unique culinary traditions. In *Beyond the Great Wall*, the inimitable duo of Jeffrey Alford and Naomi Duguid—who first met as young travelers in Tibet—bring home the enticing flavors of this other China. For more than twenty-five years, both separately and together, Duguid and Alford have journeyed all over the outlying regions of China, sampling local home cooking and street food, making friends and taking lustrous photographs. *Beyond the Great Wall* shares the experience in a rich mosaic of recipes—from Central Asian cumin-scented kebabs and flatbreads to Tibetan stews and Mongolian hot pots—photos, and stories. A must-have for every food lover, and an inspiration for cooks and armchair travelers alike.

## Book Information

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## Customer Reviews

This is such a wonderful book, a joy to browse, and dip into a recipe or a travel story. The photography is breathtakingly beautiful, whether of people, landscapes, ingredients, oh, and yes, the food! More a work of anthropological cuisine than a mere cookbook, Beyond the Great Wall is a cultural and visual feast, a culinary travelogue that sweeps through the astounding variety of the outer, lesser-known areas of China.

Love the stories and recipes, but it's so heavy I can only read it by setting it on a table. I understand it's a coffee table book, but sometimes people really do want to read them somewhere else.

a great travel log of the regions outside of the 'wall'. interesting facts about the people and areas traveled. dishes are very interesting and worth trying.

I lived "Beyond the Great Wall" for several years, and the cuisine there is phenomenal (and completely unlike what passes for "Chinese" food in the US). Was thrilled to get this book filled with my favorite recipes from western China. The photos and background info make this equal parts coffee table book and cookbook.

Another brilliant book by this wonderful team. An incite into the other China. Brilliant writing, photos and recipes.

I have all of their books.....visually stunning, great recipes, as much a travel book as it is a cookbook !!.... and I'm a sucker for cookbooks anyway. Buy it !!

THANK U

There was a day when the only Italian food most Americans knew was spaghetti. Then we were exposed to many fine general Italian cook books. Now books on regional cooking reveal how varied Italian food. Hopefully the same thing is happening to our knowledge of Chinese food. This book presents the cooking of regions largely unknown to denizens of American Chinese restaurants. It

deserves a wide circulation.

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